**Polysomnographic**: A comprehensive recording of the biophysiological changes that occur during sleep such as blood pressure, electrocardiographic activity, blood oxygen level, brain wave pattern, eye movement, and the movement of respiratory muscle and limbs. It is used primarily to diagnose or rule out many types of sleep disorders.

Encyclopedia on Early Childhood Development, Glossary-Brain, March 19, 2010 ©2010 Centre of Excellence for Early Childhood Development